



Lara Lynn



ACTOR | DANCER | SINGER

FILM & TV	ROLE	DIRECTOR / CHANNEL
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2023	Love is Love	Participant	SABC 2
2020	Moonriver Murder	Jane Scott/Ass Director	Various Directors

THEATRE	ROLE	DIRECTOR / VENUE
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2024	It's Not That Glamorous!	Eran	Lara-Lynn Blignaut / Galloway Theatre
2023	Muddy Waters	Director	Sweapstake / Theatre Arts
2022	Things We Leave Behind	Curator	Thandi Buchan / Galloway Theatre
2022	Pippin	Assistant Director	Paul Griffith / Galloway Theatre
2022	Cabaret 30 th Anniversary	Self	Garth Tavares / Galloway Theatre
2021	Our House	Ensemble	Garth Tavares / Artscape Theatre
2021	The Romanian Murder Mystery	Bussibody	Kelly le Roux / Galloway Theatre

COMMERCIALS	ROLE	TERRITORIES
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2025	ScotiaBank	Nurse (OCP)	Canada
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TRAINING

Waterfront Theatre School

Meisner Technique
Stanislavsky Technique

ISTD

Gold Jazz

079 334 3116 | 060 740 4204
0211 804 884 | 010 900 3929
admin@authentik.co.za
www.authentik.co.za





TRAINING

Intermediate Modern Dancing
Intermediate Tap Dancing
Silver Street Dance

Trinity College

LTCL Speech & Drama
ATCL Performing Arts

VUKA Actor 30 Day Challenge at Theatre Arts

Matt Kzran & Callum Nicol

Two-day Musical Theatre Intensive

FURTHER DETAILS

Appearance

Hair: Brunette
Height: 165cm

Eyes: Brown
Shoe: 5/6UK

Clothing Size Top: M
Clothing Size Bottom: L

Accents

American (Standard), British (RP)

Language

English, Afrikaans

Dance

Ballet, Jazz, Modern, Street Dance, Tap

Licenses

Driving Code 8

Singing

Classical, Jazz, Rock

Sport

Hiking, Canoeing, Swimming, Figure Skating, Yoga